Table of Contents/Topics

| Ben Salmon's journey through the military justice system | 7-24 |
|--|---------|
| Political arguments for opposing war | 35-38 |
| Humanitarian arguments for opposing war | 39-46 |
| Religious arguments for opposing war | 46 |
| Death of Ben's brother Joe | 61-64 |
| Refutation of Catholic Encyclopedia entry for Just War | 67-114 |
| "One has a right to question the Catholic hierarchy" | 114-115 |
| Single Tax explained | 115 |
| St. John the Baptist on War | 117-119 |
| Agnostics oppose religion as Christian-militants oppose Christianity | 120-123 |
| Boy Scouts trained for War | 123-124 |
| Analysis of Knights of Columbus' "Catholic Prayer Book for the Army and Navy" | 126-136 |
| Natural Law proves war conflicts with Christianity | 142-150 |
| If "Just War" then Just Stealing, Just Adultery, Just Intoxication | 145-149 |
| Capital Punishment proven wrong by the Bible | 150-171 |
| Ben Salmon's experience on "Death Row" | 159-161 |
| On self-defense | 171-185 |
| Carrying the law (six-shooters) on both hips | 174-175 |
| On Homicide | 185-187 |
| Killing of innocents for the public good | 187-189 |
| Quotes from Knights of Columbus' Army and Navy prayer book oppose the work of | 189-204 |
| slaying neighbors | |
| On Hatred | 193-195 |
| Ireland primate condemns killing British invaders | 195-197 |
| Materialist Scott Nearing "deals with his fellow men more Christianly than Christians" | 200 |
| On the Navy League, steel corporations and "The Ballad of Bethlehem Steel" | 204-206 |
| Cardinal Gibbons' Maxims filled with anti-war statements | 206-214 |
| National Catholic War Council seal suited for National Catholic Peace Council | 210-214 |
| Salmon's "Big 5" policy for dealing with his anger should be applied by nations | 216-220 |
| Brief summary | 220-224 |
| Logic of Ben's hunger strike | 224-228 |
| Observations on the Conscientious Objector | 228-235 |
| | |